



## Ask Me If You Can 2023 Guidelines

### 1. Definition

- 1.1. **Ask Me If You Can** is a component of the *AIMS Meeting 2023* scientific program and constitutes a **Science Speed Dating** activity.
- 1.2. In groups of **three**, participants will have the opportunity to talk to **five** different speakers, including both *AIMS Meeting 2023* lecturers as well as researchers in the biomedical field from diverse research centers and labs.

### 2. Goals

- 2.1. To serve as a platform to promote the communication of Science.
- 2.2. To give participants the opportunity to have a conversation with the *AIMS Meeting 2023* lecturers and ask them their questions directly and openly in an informal setting.
- 2.3. To give participants the opportunity to have a conversation with researchers from renowned labs and ask them their questions directly and openly in an informal setting.
- 2.4. To serve as a learning opportunity for students who participate.
- 2.5. To stimulate students' interest in Science and a Research career.

### 3. Terms of Participation

- 3.1. Only participants who register for **Ask Me If You Can** have priority to formally participate.
- 3.2. However, if there are *AIMS Meeting 2023* participants who didn't register for the project, they can still attend the venue on the desired date and ask the Organising Committee if their participation is allowed, accounting for the possibility of absentees.
  - 3.2.1. In this case, participants who registered and weren't assigned a vacancy will have priority over participants who didn't register.
  - 3.2.2. The tiebreaker will be order of arrival.
- 3.3. Participants can register individually or as a group of 2 or 3 members.
- 3.4. Participants who register individually will be randomly assorted.

### 4. Registration and Admission

- 4.1. To register for **Ask Me If You Can**, it is required that you:

- 4.1.1. Read the present Guidelines and agree to abide by its rules and regulations.
- 4.1.2. Fill in the *AIMS Meeting 2023* Pre-Registration Form, stating your willingness to participate in **Ask Me If You Can**.
- 4.1.3. Select if you want to register individually or as a group.
- 4.1.4. In the case of registering as a group, only the representative of the group needs to register for the whole group.
- 4.1.5. Fill in the **Ask Me If You Can** Priority Form that the Organising Committee will send to your email in order for you to state the date in which you prefer to attend.
- 4.2. The priority for selection will be as follows:
  - 4.2.1. **1st Priority**- Registrations in groups of three
  - 4.2.2. **2nd Priority**- Registrations in groups of two
  - 4.2.3. **3rd Priority**- Individual registrations
- 4.3. Registrations not respecting the requirements will be immediately rejected.
- 4.4. All the accepted participants will receive an email confirming their admission.
- 4.5. The *AIMS Meeting 2023* Organising Committee reserves the right to assess every participant and refuse admission to this activity if justified.

## 5. Description

- 5.1. There will be an hour designated to **Ask Me If You Can** in each congress day: 14th, 15th and 16th of April 2023.
- 5.2. Each time slot will have **15 vacancies** for participants to fill.
- 5.3. Before speaking to the **Ask Me If You Can** panellists, participants **must visit** the **Ask Me If You Can** section in the *AIMS Meeting 2023 Mobile App* or *WebApp*, where they can learn about the panellists and read suggestions of interesting questions to ask them about their research.
- 5.4. In each time slot, there will be **5 Ask Me If You Can panellists** with whom participants can speak, and, therefore, 5 stations through which participants will rotate.
- 5.5. Participants will be **organised in 5 groups of 3**.
- 5.6. Each group will be given **10 minutes in each station**, before switching to the next.
- 5.7. There is **1 minute** scheduled for switches between stations and to account for possible delays.

- 5.8. There will always be members of the *AIMS Meeting* Organising Committee and/or Task Force present during the event to guide participants and regulate station changes.

## 6. Time and Place

- 6.1. There will be a time slot designated to **Ask Me If You Can** in each congress day:
- 6.1.1. 14th April 2023, 12:10-13:10
  - 6.1.2. 15th April 2023, 14:00-15:00
  - 6.1.3. 16th April 2023, 11:10-12:10
- 6.2. Each time slot will last about an hour.
- 6.3. **Ask Me If You Can** will occur in the **2nd floor** of the **Rectorate of the University of Lisbon**.

## 7. Ask Me If You Can 2023 panellists

### 7.1. 14th of April 2023 (12:10-13:10)

- 7.1.1. **Cara Ocobock** (Lecturer): *Health in Extreme Conditions*
- 7.1.2. **Nathan Lents** (Lecturer): *Evolutionary Medicine*
- 7.1.3. **Diarmid Campbell-Lendrum** (Lecturer): *Climate Change and the Future of Health*
- 7.1.4. **Inês Bento** (Maria Mota Lab, IMM): *Biology and Physiology in Malaria*
- 7.1.5. **José Azevedo** (Champalimaud Foundation): *Colorectal Cancer Surgery*

### 7.2. 15th of April 2023 (14:00-15:00)

- 7.2.1. **Ari Zimran** (Lecturer): *Gaucher as a Top Model for Rare Diseases*
- 7.2.2. **Joan Steitz** (Lecturer): *RNA Research and Discovery of Splicing*
- 7.2.3. **Astrid Vicente** (BTR – Biomedical and Translational Research Group Leader, BioISI, FCUL): *Interplay of Biology and Environment in Disease*
- 7.2.4. **Inês Pankonien** (FunGP – Functional Genomics and Proteostasis, BioISI, FCUL): *Functional Genomics to Understand Diseases and Drugs*
- 7.2.5. **Rui Oliveira-Silva** (IST): *Nanoparticle-based (Bio)sensors: Blowing Tailwinds of Information to Wellness and Healthcare*

### 7.3. 16th of April 2023 (11:10-12:10)

- 7.3.1. **Amanda Brown** (Lecturer): *Life and Career of a Prison Doctor*

- 7.3.2. **Christof Neuner** (Lecturer): *Life and Career of a Military Physician*
- 7.3.3. **Dean Burnett** (Keynote Lecturer): *Human Emotions and their Influence*
- 7.3.4. **Diana Prata** (Dean Burnett's Keynote Lecture Moderator): *Biological Basis of Social Cognition*
- 7.3.5. **Sara Martinho** (Centre for Psychological Research and Social Intervention, ISCTE): *Microaggressions Towards Health Professionals with Minority Social Identities*

## 8. Important links

- 8.1. **Ask Me If You Can** Registration and Priority Form:

<https://forms.gle/MYZecfFrKBx6XSgUA>

- 8.2. **Ask Me If You Can** Question Suggestions:

<https://www.aimsmeeting.org/ask-me-if-you-can/>

## 9. Final Provisions

- 9.1. Deliberation on omitted cases not addressed by these Guidelines are of the responsibility of the *AIMS Meeting 2023* Organising Committee, in accordance with the applicable legislation.
- 9.2. The *AIMS Meeting 2023* Organising Committee reserves the right to change, cancel or suspend the present Guidelines at any moment.
- 9.3. Questions regarding the AIMS Startup Competition and the present Guidelines should be sent to the following email address: **scientific.program@aimsmeeting.org**.



8th of April 2023

**The AIMS Meeting 2023 Organising Committee**